### 5783/2022

### **High Holy Day Worship Calendar**

(All worship, unless noted will take place at the Buffalo Grove Community Arts Center, 225 N McHenry Road, Buffalo Grove)

## Elul Offerings, August 27 – September 25, can be found in the My Beth Am Member Portal

Saturday, September 17th Sleichot: 5:30pm-9:00pm

Congregation Beth Am Preparing for the High Holidays with Something for Everyone

5:30pm-6:15pm: Family program with the rabbis

6:15pm-6:45pm: Light dinner for all ages

7:00pm: Havdalah

7:15pm: Contemplative worship and changing of the Torah covers

8:15pm-9:00pm: Sleichot Study with Rabbi Bellows

## Rosh Hashanah

### Sunday, September 25th at 6:30pm

Rosh Hashanah Evening Family Worship

This worship service is designed for families with young children and is open to the community.

### Sunday, September 25th at 8:15pm

Rosh Hashanah Evening Worship

Erev Rosh Hashanah Adult Worship is for adults and young adults 6th grade and up.

### Monday, September 26th at 9:00am

Rosh Hashanah Early Service

This service is geared for adults and young adults  $6^{th}$  grade and up. Concurrent with this service is our K- $5^{th}$  grade Children's worship and Program.

### Monday, September 26th at 9:00am

Rosh Hashanah K-5 Children's Worship & Program

Led by Rabbi Prass, teachers, and madrichim (student helpers), our K-5 is a wonderful mix of engaging worship and activities highlighting lessons and themes of the High Holy Days.

## Monday, September 26th at 11:00am

**Rosh Hashanah Tot Program** 

This fun, energetic, brief service of movement, song and story is perfect for our youngest members (0-5) and friends, along with their families!

### Monday, September 26th at 11:00am

Rosh Hashanah Late Service

This service is geared for adults and young adults  $6^{th}$  grade and up. Concurrent with this service is our K- $5^{th}$  grade Children's worship and Program.

### Monday, September 26th at 2:00pm

Tashlich on Rosh Hashanah @Green Lake Park

We meet at Green Lake Park in Buffalo Grove (1101 Green Knolls Drive, BG) and symbolically cast our sins into water, preparing our hearts and minds for the clean slate of new beginnings. We will meet as a group first to begin this contemplative practice. This year we will begin a new tradition of an eco-friendly Tashlich! Traditionally we throw bread into the water, which is harmful to ducks and birds, this year we will cast away birdseed and not bread! Bring your own birdseed, or use ours!

# Yom Kippur

## Tuesday, October 4th at 6:30pm

Yom Kippur/Kol Nidre Family Worship

This worship service is designed for families with young children and is open to the community.

## Tuesday, October 4th at 8:15pm

Yom Kippur/Kol Nidre Evening Service

This service is geared for adults and young adults  $6^{th}$  grade and up.

### Wednesday, October 5th at 9:00am

Yom Kippur Early Service

This service is geared for adults and young adults  $6^{th}$  grade and up. Concurrent with this service is our K- $5^{th}$  grade Children's worship and Program.

### Wednesday, October 5th at 9:00am

Yom Kippur K-5 Children's Program & Worship

Led by Rabbi Prass, teachers, and madrichim (student helpers), our K-5 is a wonderful mix of engaging worship and activities highlighting lessons and themes of the High Holy Days.

## Wednesday, October 5th at 11:00am

Yom Kippur Tot Program

This fun, energetic, brief service of movement, song and story is perfect for our youngest members (0-5) and friends, along with their families!

### Wednesday, October 5th at 11:30am

Yom Kippur Late & \*Yizkor Service

This service is geared for adults and young adults 6<sup>th</sup> grade and up \*Our Yizkor service will be offered at the conclusion of this service as well as in the afternoon.

## Wednesday, October 5th at 2:15pm

Yom Kippur Mindfulness Meditation

Led by Rabbi Bellows.

### Wednesday, October 5th at 3:15pm

**Yom Kippur Healing Service** 

Filled with song, prayer, and reflection, this contemplative service focuses on liturgy, and texts for the healing of mind, body and spirit.

## Wednesday, October 5th at 4:00pm

Yom Kippur Afternoon, Yizkor & Neilah Worship

Our afternoon Adult worship leads into our afternoon Yizkor service. Neilah is the concluding service of Yom Kippur. All who are at Neilah are welcome to join the clergy on the bima and bring a shofar if you have! We end with Havdalah, Shofar sounding and Motzei (challah!)



 $\underline{https://bethambg.shulcloud.com/hhd5783}$